



# Mark

## Jesus Healed a Woman and a Girl

**Lesson Objective:** Jesus responds to our faith when we believe He can heal us.

**Arrival:** *Clothespin Grab Game*

Supplies: clothespins, 2 per person

Give everyone two clothespins. Clip the clothespins at waist level on each side of your clothing. You will move around the room, trying to reach out and grab others' clothespins while also protecting your own. You may not cover or touch your own clothespins; you may only protect them by turning to keep them out of reach. Call time after several minutes. The player who collected the most clothespins is the winner.

**Connect To activity to the lesson:**

Would you notice if someone touched the edge of your clothes? Do you think Jesus noticed when a woman touched His clothes? Why or why not? In our lesson today, we will learn about a woman that touched Jesus and He knew immediately even though He was in the midst of a crowd of people.

**WORSHIP** - Choose 2-3 songs to worship together as a family.

**Introduction:**

Jesus had just returned from the region of the Gerasenes, where He had healed a man with an unclean spirit. He crossed the Sea of Galilee and came on shore, where He was surrounded by a large crowd of people. News of Jesus' teachings and healings was spreading, and people wanted to see Jesus. They wanted to learn from Him and be healed. Jairus, a leader in the synagogue, came to Jesus in crisis. His daughter was at the point of death. Without Jesus' help, she would surely die. Let's find out what happened.

**Video:** "Jesus Healed a Woman and a Girl" - (Video Transcript)

Jesus stood on the shore of the Sea of Galilee, and a large crowd gathered around Him. Jairus, one of the leaders in the synagogue, fell at Jesus' feet and begged for His help. "My daughter is about to die! Please come touch her so she will be healed and live," he said. Jesus went with Jairus, and many people followed, crowding around Him.

In the crowd was a woman who had been bleeding for 12 years. She had seen many doctors and had spent all her money trying to get better, but no one could help her. She was getting worse. The woman said to herself, "If I touch even Jesus' clothes, I will be healed." She came up behind Jesus in the crowd and touched His clothes. Immediately, her bleeding stopped and she knew she was healed. At that moment, Jesus felt that power had gone out of Him. He turned around. "Who touched My clothes?" He asked. Jesus' disciples pointed out that many people were crowded around Him. But Jesus kept looking around. The woman, knowing she was healed, came forward and fell before Jesus. She told Him what had happened. Jesus said to her, "Daughter, your faith has saved you. Go in peace. You are healed."

While Jesus was speaking, some men came from Jairus' house and told Jairus, "Your daughter is dead. Do not bother Jesus anymore." Jesus heard what the men said, and He told Jairus, "Do not be afraid. Just believe." Jesus and three of His disciples went to Jairus' house. People there were crying and wailing loudly. "Why are you crying?" Jesus asked. "The child is not dead. She is sleeping." The people laughed because they did not believe Jesus, and He told them all to leave. Jesus took Jairus and his wife into the room where the child was. He took the girl by the hand and said,

“Little girl, get up.” Immediately, the girl got up and began walking around. Jairus and his wife were amazed. Jesus told them to give the girl some food and to not tell anyone what had happened.

*Christ Connection: By healing the woman and raising the little girl from the dead, Jesus showed His power as the Messiah. Jesus died on the cross and rose again to save people from sin and death. When we trust in Jesus, God forgives our sins and changes us to be more like His Son.*

**Read - Mark 5**

**Debrief:**

**How was the woman with a bleeding problem healed?** *(When the woman touched Jesus’ clothes, she was healed. The woman came to Jesus in faith, believing He could heal her. Jesus’ clothes weren’t magical; the healing power came from Jesus Himself.)*

**What do we need to do to get Jesus’ help?** *(We can look to Jesus for help—no matter what sin or sickness we face. We don’t need to do anything to earn His help. Jesus tells us, “Just believe.”)*

**How can we seek healing today?** *(Even though Jesus is not physically on earth today, we can pray to Him in faith and ask God to heal people who are sick or hurting. God has the power to heal, and He brings ultimate healing through His Son, Jesus, by forgiving our sins.)*

**Apply the Story:**

Through His healing miracles, Jesus showed His power as the Messiah. Jesus died on the cross and rose again to save people from sin and death. When we trust in Jesus, God forgives our sins and changes us to be more like His Son. The woman and the father of the little girl came to Jesus in faith. They needed Jesus’ help, and they trusted in Jesus’ power to heal. After Jesus died on the cross and rose from the dead, He ascended to heaven. Even though Jesus is not physically on earth today, we can pray and ask God to heal people who are sick. Whether or not God grants immediate physical healing, we can rest knowing that He brings ultimate healing through His Son, Jesus.

**Momentum Moment:** *First Aid Kits*

Supplies: plastic travel soap holders or other small containers, 1 per person; small strips of paper; pens or pencils; red duct tape; scissors

Provide supplies for kids to assemble basic first aid kits. Help kids cut strips of red duct tape and attach them to the outside of their containers to form a cross. Instead of bandages and ointments, have the kids find Bible verses that talk about healing. Write these verses on the slips of paper and put them into the first aid kits. Suggest that they keep the first aid kits in their backpacks or in the family car. If time allows, kids may assemble additional kits to give away. As kids work, review the Bible story.

Suggest that when kids see the cross on the first aid kit, they should remember that Jesus is our ultimate Healer. They can tell others about today’s Bible story and pray to Jesus for both physical and spiritual healing.

**Close with a prayer:** Let each person take a moment to say a one sentence prayer.